



香 港 睡 眠 醫 學 會

THE HONG KONG SOCIETY OF SLEEP MEDICINE

June 2024 Online Clinical Meeting

Date: 18 June 2024 (Tuesday)

Time: 19:00 - 20:00

Format: Zoom Meeting

Topic: **Treatment outcomes of adenotonsillectomy for paediatric obstructive sleep disordered breathing (SDB)**

Abstract: Adenotonsillectomy is generally considered as the first line treatment option for otherwise healthy children suffering from moderate to severe obstructive sleep apnea (OSA) with adenotonsillar hypertrophy, whilst the best treatment option for mild OSA/SDB is still uncertain. The treatment outcomes of adenotonsillectomy and updated evidence for watchful waiting and other non-surgical alternatives for paediatric obstructive SDB are reviewed.

Speaker: **Dr. Theresa Ngan-ho Leung**
Consultant in the Hong Kong Children's Hospital,
Queen Elizabeth Hospital and Kwong Wah Hospital

Chairperson: **Dr. Steve Tat-kong Wong**
Specialist in Paediatrics, Private Practice

CME point is pending.

Dr. Joey Chan
Hon. Secretary
The Hong Kong Society of Sleep Medicine