



香 港 睡 眠 醫 學 會

THE HONG KONG SOCIETY OF SLEEP MEDICINE

## December 2020 Online Clinical Meeting

**Date:** 15 December 2020 (Tuesday)  
**Time:** 20:00 - 20:45  
**Title:** Bariatric surgery and peri-operative care of OSA patients

**Abstract:** Obstructive sleep apnea and obesity are risk factors of metabolic syndrome which have significant adverse impacts on our healthcare system. It is not uncommon to see patients failing to comply with lifestyle modifications and positive airway pressure (CPAP) treatments. Bariatric surgery seems to be an attractive and one-for-all solution to both problems. This presentation reviews the latest evidences on the effectiveness of bariatric surgery on obstructive sleep apnea.

In spite of the promising efficacy of bariatric surgery, this special group of patient has high perioperative morbidity and mortality. In the second part of the presentation, we will discuss the consensus from the EAES 2015 meeting on optimizing the perioperative care of bariatric surgery. The following five areas will be addressed: (1) Preoperative screening, (2) Treatment, (3) Postoperative monitoring, (4) Anesthetic care, and (5) Postoperative follow-up of OSA patients.

**Speakers:** Dr. Anson Fung, Associate Consultant, Department of Surgery, QEH  
Dr. Lau Wing-yan, Tiffany, Resident Trainee, Department of Medicine, QEH

**Chairperson:** Dr. CK Ng, Consultant, Department of Medicine, QEH

CME point pending

Hon. Secretary  
Dr. Joey Chan