



香 港 睡 眠 醫 學 會

THE HONG KONG SOCIETY OF SLEEP MEDICINE

March 2019 Clinical Meeting

Date: 19 March 2019 (Tuesday)

Time: 19:00- 21:00

Venue: Seminar Room 1
Hospital Authority Head Office,
147B Argyle Street, Kowloon

Title: Evidence and challenges of managing insomnia in
adolescents - An update

Speaker: Dr. Shirley Xin Li

CNE 1 point

CME 1 point

Hon Secretary
Joyce Lam